



BAKING TIME 15 – 20 MIN

INGREDIENTS

4 cups raw mixed nuts to taste 1.5 tbsp olive oil 2 tsp masala curry powder

1 tsp chilli

chopped fresh rosemary 2 tbsp fine sea salt

TO ENJOY

between meals, or on a fresh salad, in your morning muesli, or with many sauces.

PREPARATION

Preheat the oven to 220 °C degrees.

In a small bowl, mix together the oil, masala powder, chilli, salt and rosemary.

Pour the liquid mixture over the nuts and mix well.

Spread the nuts in an even layer on a piece of aluminium foil.

Roast for 15 to 20 minutes, stirring every 5 minutes, so that nothing burns.

Leave the nuts to cool.

Store in an airtight container for up to 3 months.